



ALL-DAY BREAKFAST 6:30 - 15:00

THE USUAL SUSPECTS

EGGS BENNY | AED 62 (GF)(SF)

Organic poached eggs served on sauteed spinach & roasted mushrooms in baked avocados halves topped with our special Hollandaise

add salmon - **KCAL 823**

add grilled turkey ham - **KCAL 875**

MUNNA AMLET (G)(D)

Our decadent masala omelette served with karak chai

feta cheese & mushrooms | **AED 62 - KCAL 396**

feta cheese & mushrooms | **AED 52 - KCAL 477**

MUESLI POWER | AED 68 (V)(D)(N)

House muesli with Greek yogurt, spirulina, forest berries, green apples, kiwi & caramelized banana topped with roasted almonds - **KCAL 230**

OVERNIGHT OMEGA OATS | AED 58 (N)(GF)(VE)

Overnight oats & chia pudding loaded with blueberries, raspberries, flax & chia seeds topped with caramelized banana & toasted almonds - **KCAL 230**

AVO-THING YOU EVA WANTED (V)(VE)(D)

Smashed avocado on grilled sourdough bread topped with your choice of

tomato & feta | **AED 58 - KCAL 805**

organic poached eggs | **AED 52 - KCAL 861**

grilled mushrooms | **AED 55 - KCAL 556**

EGGS & AVO (D)

Fried eggs with smashed avocado, roasted potato, grilled mushrooms & feta cheese

regular | **AED 62**

add chicken sausages | **AED 65 - KCAL 122**

HOMEMADE BAKERY BASKET | AED 52 (V)(D)

Assorted homemade pastries - **KCAL 778**

START THE DAY LIKE A LEGEND

SKILLET SHEIKH SHUKA | AED 72 (V)(D)(G)

The real OG breakfast! Organic baked eggs served on a bed of spiced tomato sauce topped with feta cheese, parsley & homemade pita - **KCAL 677**

FUL OF IT! (V)(VE)(G)(GF-OPTION)

The ultimate vegan protein power boost! Regional broad beans with garlic lemon tomato, cumin, parsley & peppers served with homemade pita bread

regular | **AED 55 - KCAL 217**

add poached eggs | **AED 58**

SATISFY THE CRAVINGS

PANCA-TACIOUS! (V)(D)(G)

Who said they can't be awesome & healthy at the same time? Try our homemade buckwheat pancakes served with your choice of

macerated berries | **AED 48 - KCAL 556**

chia yogurt & kiwi | **AED 55 - KCAL 455**

WAFFLE SHUFFLE (V)(D)(G)

Crispy & light waffles made of pure joy served with your choice of

fresh forest berries | **AED 48 - KCAL 613**

crispy baked chicken | **AED 52 - KCAL 1168**

FRENCH TOAST | AED 68 (V)(D)(G)

Homemade brioche infused with tres leches & cinnamon served with creme chantilly & salted caramel - **KCAL 365**

LIGHT & HEALTHY

COLD BOARD | AED 52 (G)(SF)(N)

Selection of halal cuts & smoked fish served with gherkins, cocktail onions, olives & toasted sourdough - **KCAL 321**

CHEESE BOARD | AED 58 (D)(G)(N)

Selection of local cheeses served with grapes, aged apricots, walnuts, toasted sourdough & date-ginger preserve - **KCAL 537**

CEREAL BOWL | AED 48 (V)(D)(G)

Choice between corn flakes, weet-a-bix, bran, coco pops & muesli served with your choice of milk - **KCAL 600**

HOUSE YOGURT (D)(V)

House yogurt with choice of plain | **AED 32** • orange & kiwi | **AED 38** • red fruit compote | **AED 38**

SLICED FRUITS | AED 52 (V)(D)

Selection of seasonal sliced fruits served with honey infused yogurt - **KCAL 102**

BREAKFAST SETS

CONTINENTAL | AED 72 (V)(D)(G)

Assorted viennoiserie, selection of seasonal sliced fruits, yogurt of your choice, breadbasket with butter served with orange juice & choice of tea or coffee - **KCAL 468**

ENGLISH | AED 82 (D)(G)

Two eggs made to your preference served with a side of marinated tomatoes, roast potatoes, sauteed mushrooms, chicken/beef sausages, veal bacon & baked beans accompanied by orange juice and choice of tea or coffee - **KCAL 660**

ARABIC | AED 48 (D)(G)

Two eggs any style served with olives, halloumi cheese, tomato, cucumber, fowl medames & falafel accompanied by orange juice and choice of tea or coffee - **KCAL 311**

(VE) Vegan	(V) Vegetarian	(N) Nuts	(CG) Contain Gluten	(GF) Gluten Free
(SE) Sesame	(D) Dairy	(SF) Seafood		



全天候早餐

上午6:30至下午15时

丰盛早餐，英伦风味

班尼迪克蛋 EGGS BENNY | 62 迪拉姆 (GF) (SF)
有机荷包蛋配炒菠菜和烤蘑菇，烤牛油果两半，上淋特制荷兰酱

添加三文鱼 - 热量823 卡
添加烤火鸡火腿 - 875 卡

穆纳煎蛋卷 MUNNA AMLET (G) (D)
丰盛的玛莎拉煎蛋卷配卡拉克茶

菲达奶酪和蘑菇 - 396 卡 | 62 迪拉姆
牛油果和蘑菇碎 - 477 卡 | 52 迪拉姆

什锦麦片 MUESLI POWER | 68 迪拉姆 (V) (D) (N)
由希腊酸奶、螺旋藻、森林野莓、青苹果、猕猴桃、焦糖香蕉配烤杏仁自制而成的什锦麦片 - 230 卡

隔夜欧米茄脂肪酸麦片 | 58 迪拉姆 (N) (GF) (VE)
OVERNIGHT OMEGA OATS
隔夜燕麦和奇亚籽布丁，搭配蓝莓、树莓、亚麻籽和奇亚籽，淋撒焦糖香蕉和烤杏仁 - 230 卡

如意牛油果 (V) (VE) (D)
AVO-THING YOU EVA WANTED
烤酸面包加牛油果泥，搭配自选

番茄和菲达芝士 - 805 卡 | 58 迪拉姆
有机水波蛋 - 861 卡 | 52 迪拉姆
烤蘑菇 - 556 卡 | 55 迪拉姆

牛油果鸡蛋土司 EGGS & AVO (D)
煎鸡蛋配牛油果碎、烤土豆、烤蘑菇和菲达芝士

标准份 | 62 迪拉姆
添加鸡肉香肠 - 122 卡 | 65 迪拉姆

自制面包篮 | 52 迪拉姆 (V) (D)
HOMEMADE BAKERY BASKET
什锦自制糕点 - 778 卡

新的一天，新的传奇

茄汁香料水波蛋 | 72 迪拉姆 (V) (D) (G)
SKILLET SHEIKH SHUKA

真正的便携即食早餐！有机烤鸡蛋，配香辣番茄酱、菲达芝士、欧芹和自制皮塔饼 - 677 卡

素食大全！FUL OF IT! (V) (VE) (G) (GF-OPTION)
终极素食蛋白质能量提升！本地蚕豆配大蒜、柠檬、番茄、孜然、欧芹和辣椒，搭配自制皮塔饼

标准份 - 217 卡 | 55 迪拉姆
添加水波蛋 | 58 迪拉姆

口腹之欲，尽可满足

煎饼-塔克饼！PANCA-TACIOUS! (V) (D) (G)
谁说口味超棒和吃得健康无法兼得？
何不尝尝本店的自制荞麦煎饼，搭配您喜欢的

浸渍浆果 - 556 卡 | 48 迪拉姆
奇亚籽酸奶和猕猴桃 - 455 卡 | 55 迪拉姆

华夫饼 WAFFLE SHUFFLE (V) (D) (G)
酥脆轻盈华夫饼，可选择添加

新鲜森林浆果 - 613 卡 | 48 迪拉姆
脆皮烤鸡 - 1168 卡 | 55 迪拉姆

法式吐司 FRENCH TOAST | 68 迪拉姆 (V) (D) (G)
自制奶油蛋卷，加入三种乳酪和肉桂，搭配香蒂伊奶油和咸焦糖 - 365 卡

清淡饮食，健康选择

凉菜拼盘 COLD BOARD | 52 迪拉姆 (G) (SF) (N)
精选清真肉块和熏鱼，搭配小黄瓜、鸡尾酒洋葱、橄榄和烤酸面包 - 321 卡

芝士拼盘 CHEESE BOARD | 58 迪拉姆 (D) (G) (N)
精选当地芝士，搭配葡萄、陈年杏、核桃、烤面团和枣姜蜜饯 - 537 卡

CEREAL BOWL | AED 48 (V) (D) (G)
任选玉米片、甜玉米片、麸皮、可可棒棒糖和木斯里，搭配您喜欢的牛奶 - 600 卡

自制酸奶 HOUSE YOGURT (D) (V)
自制酸奶，可选
原味 | 32 迪拉姆 • 橙子和猕猴桃味 | 38 迪拉姆 • 红色水果蜜饯 | 38 迪拉姆

水果切片 SLICED FRUITS | 52 迪拉姆 (V) (D)
精选时令切片水果搭配蜂蜜酸奶 - 102 卡

早餐套餐

欧陆式早餐 CONTINENTAL | 72 迪拉姆 (V) (D) (G)
什锦维也纳甜酥面包，精选时令切片水果，美味酸奶，黄油面包篮配橙汁和任选茗茶或咖啡 - 468 卡

英式早餐 ENGLISH | 82 迪拉姆 (D) (G)
根据个人喜好选择两个鸡蛋，配以腌番茄、烤土豆、炒蘑菇、鸡肉/牛肉香肠、小牛肉培根和烤豆，搭配橙汁和任选茗茶或咖啡 - 660 卡

阿拉伯早餐 ARABIC | 82 迪拉姆 (D) (G)
两个采用任意方式处理的鸡蛋，搭配橄榄、哈洛米奶酪、番茄、黄瓜、埃及豆和沙拉三明治，加橙汁，任选茗茶或咖啡 - 311 卡

(VE) 严格素食	(V) 素食	(N) 含坚果	(G) 含麸	(GF) 无麸质
(SE) 含芝麻	(D) 乳制品	(SF) 海鲜		